Help protect your baby from infection during pregnancy!

Many types of infections can be prevented with healthy pregnancy behaviors. Use the word “HYGIENE” to help you make these behaviors routine!

- Handwashing helps
- Yes to prenatal care
- Good food prepared safely
- Immunizations
- Evade others’ bodily fluids
- No to unnecessary invasive procedures
- Environmental precautions

For more information and resources on how to help protect your baby from prenatal infections, please visit: gbs-info.org