Help protect your baby from infection during pregnancy!

Many types of infections can be prevented with healthy pregnancy behaviors. Use the word “HYGIENE” to help you make these behaviors routine!

H andwashing helps
Y es to prenatal care
G ood food prepared safely
I mmunizations
E vade others’ bodily fluids
N o to unnecessary invasive procedures
E nvironmental precautions

For more information and resources on how to help protect your baby from prenatal infections, please visit www.groupbstrepinternational.org