## Help protect your baby from infection during pregnancy!



Many types of infections can be prevented with healthy pregnancy behaviors. Use the word "HYGIENE" to help you make these behaviors routine!

Handwashing helps

Yes to prenatal care

Good food prepared safely

**I**mmunizations

Evade others' bodily fluids

No to unnecessary invasive procedures

**Environmental precautions** 

For more information and resources on how to help protect your baby from prenatal infections, please visit www.groupbstrepinternational.org

