Signs of Group B Strep (GBS) Infection in Babies

Call your baby’s care provider immediately or take your baby to the emergency room if you notice any of these signs:

- Sounds — High-pitched cry, shrill moaning, whimpering, constant grunting as if constipated
- Breathing — Fast, slow, or difficult breathing
- Appearance of Skin — Blue or gray or pale skin, blotchy or red skin, tense or bulging fontanel (soft spot on a baby’s head), infection (pus and/or red skin) at base of umbilical cord or in puncture wound on head from an internal fetal monitor
- Eating and Sleeping Habits — Feeding poorly, refusing to eat, not waking for feedings, sleeping too much, difficulty being aroused
- Behavior — Marked irritability, projectile vomiting, reacting as if skin is tender when touched, not moving an arm or leg, listless, floppy, blank stare, body stiffening, uncontrollable jerking
- Body Temperature — Fever or low or unstable temperature, hands and feet may still feel cold even with a fever

GBS can infect babies up to several months of age even by sources other than the mother. Everyone should wash their hands before handling a baby.

For more info, please visit www.groupbstrepinternational.org.

This card is for informational purposes only and does not constitute medical advice.

Emergency Contact Info: ________________________________

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Promoting awareness and prevention of GBS disease in babies before birth through early infancy.