

Help protect your baby from infection during pregnancy!



Many types of infections can be prevented with healthy pregnancy behaviors. Use the word “**HYGIENE**” to help you make these behaviors routine!

Handwashing helps
Yes to prenatal care
Good food prepared safely
Immunizations
Evade others’ bodily fluids
No to unnecessary invasive procedures
Environmental precautions

For more information and resources on how to help protect your baby from prenatal infections, please visit:

gbs-info.org

