

1st Annual Virtual Symposium on

P GBS D

Prenatal-onset Group B Strep Disease

E-CONFERENCE BAG

15-25 OCTOBER 2018

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Excellent performance and automation.

THE PANTHER FUSION® GBS ASSAY

The Panther Fusion GBS assay detects Group B *Streptococcus* (GBS), a serious and sometimes fatal infection that poses a distinct threat to newborns born to infected mothers.

This is a real-time PCR assay for antepartum testing with vaginal and rectal swabs following 18-24 hours incubation in selective enrichment broth culture of Lim Broth or Carrot Broth. It features dual-target detection of *Cfb* and *SIP* genes.¹



Fully automate your GBS testing with sample-to-result processing on the Panther Fusion® system.



Process 335 Panther Fusion® tests or combine Aptima® and Panther Fusion assays for up to 500 tests in 8 hrs.



Consolidate your GBS testing along with other Panther Fusion and Aptima assays for virology, respiratory, cervical and sexual health.



Eliminate manual assay preparation with ready-to-use GBS reagents.



Provide better patient care with excellent assay sensitivity (compared to culture).



Reduce waste with unit dose assay format and 60-day onboard stability.



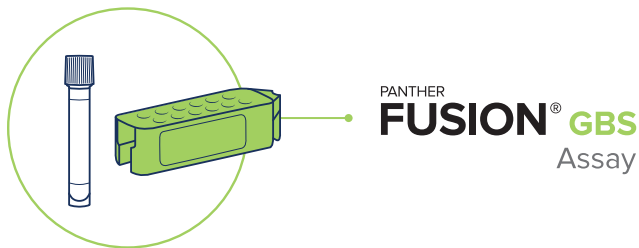
Excellent automation and performance guard against a distinct threat.¹

PERFORMANCE YOU CAN TRUST

The Panther Fusion® GBS assay provides excellent, accurate results expectant mothers and their providers can rely on.¹

The CDC and other leading medical organizations support universal screening for GBS in expectant mothers at 35-37 weeks' gestation so providers can administer antibiotics when necessary and prevent the transmission of infection to babies.²

In the clinical study, the Panther Fusion GBS assay demonstrated 100% sensitivity and 96.5% specificity. Results from the test provide information to accurately identify mothers that would benefit from intrapartum antibiotics to reduce the incidence of vertical transmission of GBS, which can ultimately save an infant's life.¹



Performance Data

	Lim Broth	Carrot Broth
Sensitivity	120/120 = 100% (95% CI: 96.9% - 100%)	83/83 = 100% (95% CI: 95.6% - 100%)
Specificity	507/523 = 96.9% (95% CI: 95.1% - 98.1%)	211/221 = 95.5% (95% CI: 91.9% - 97.5%)

WHAT THIS MEANS FOR YOUR LABORATORY



Labor Saving

- ▶ **Free-up Staff**
 - Full sample-to-result automation; load samples and walk away
- ▶ **Automate test requests and result reporting**
 - Bi-directional LIS interface
- ▶ **Eliminate reagent prep**
 - Ready-to-use GBS reagents



Time Saving

- ▶ **Eliminate batching restrictions**
 - Random and continuous access
- ▶ **Increase sample throughput**
 - Process up to 335 Panther Fusion assays or combine with Aptima assays for up to 500 results in 8 hours



Cost Saving

- ▶ **Dramatically reduce waste**
 - 60-day on board reagent stability
- ▶ **Reduce costly operator errors**
 - System process checks ensure valid assay processing with true positive ID of samples and results

References: 1. Panther Fusion GBS assay [US package insert]. AW-17997, Rev. 001. San Diego, CA: Hologic, Inc.; 2018. 2. CDC. Group B Strep: Prevention in Newborns. <https://www.cdc.gov/groupbstrep/about/prevention.html>. Updated May 29, 2018. Accessed June 19, 2018.

To see how far your lab can go, contact your Hologic representative or visit PantherFusion.com.

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PANTHER
FUSION®



Test Your fFN Knowledge

*Do you know **the truth?***

1

A negative fFN result is valid after sex.

True or False?

2

80% of women will get a negative result.

True or False?

3

Collection window: 24⁰–34⁶ weeks.

True or False?

4

fFN must be collected before a digital exam.

True or False?

5

fFN has the best sensitivity for ruling out PTL.

True or False?

*Answers
on Back*



Did you know?

fFN Fun Facts

1

A negative fFN result is valid after sex.

A negative fFN result is valid even if she's had sex in the last 24 hours. Semen will not cause a false negative, but it can occasionally cause a false positive. So a positive result, in this situation, should be reconfirmed after 24 hours.¹

2

80% of women will get a negative result.

The vast majority of patients, ~80%, will receive a negative result allowing you to focus on the 20% that really are at the highest risk.¹

3

24 weeks, 0 days – 34 weeks, 6 days.

That's the FDA approved gestational collection window for patients with symptoms of preterm labor.¹

4

Always collect fFN first; there are no 2nd chances.

Always collect an fFN sample before a digital exam. Collection kits are free, and you can always decide later whether to actually test the sample, but you can't decide later to collect a sample.¹

5

fFN has the best sensitivity for ruling out PTL.

With a 99.2% NPV plus an 86% sensitivity, you can be confident if you decide to send her home. No other test has a higher sensitivity or higher NPV.^{1,2} Don't be fooled by competitors. False negatives can have serious consequences.

References: 1. Rapid fFN for the TLI_Q System [package insert]. MAN-01669-001, Rev. 003. San Diego, CA: Hologic, Inc.; 2018.
2. PartoSure Test [package insert]. PSPI-01-01-US, Rev. A. Boston, MA: Parsagen Diagnostics, Inc.; 2018.

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RapidfFN[®]
for the TLI_Q[®] System



Now that you've tested **positive** for Group B Strep (GBS), learn how to help protect your baby

Testing positive for GBS means that you “carry” or are “colonized” with group B strep, a type of bacteria naturally found in the digestive tract and birth canal. Carrying GBS does not mean that you have an infection. However, GBS can infect babies before birth through several months of age due to their underdeveloped immune systems.

You can help protect your baby from GBS (☑ as done)

...DURING PREGNANCY

- Ask your provider to do a urine culture for GBS and other bacteria if not already done early in pregnancy. Oral antibiotics should be prescribed if you have a significant level of GBS in your urine. *GBSI advocates a recheck (“test of cure”) after treatment. GBS in your urine means that you may be heavily colonized which puts your baby at greater risk.*
- See your provider promptly for any symptoms of a bladder (urinary tract) infection.
- See your provider promptly for an exam and possible GBS testing if you have any symptoms of vaginal infection. *Be aware that bacteria can be passed between sexual partners, including through oral contact.*
- Contact your care provider **immediately** if you notice either of these signs:
 - Decreased or no fetal movement after your 20th week
 - You have any unexplained fever
- Get a copy of all culture test results and keep them with you!
- Plan ahead if you have short labors or live far from the hospital. Ask about a late 3rd trimester penicillin shot as a possible safeguard. (Note: This is not a widely accepted strategy.) *The IV antibiotics you receive in labor generally take 4 hours to be optimally effective.*
- Tell your provider if you are allergic to penicillin. There are antibiotic alternatives.
- Know that “alternative medicine” treatments such as garlic or tea tree oil have **not** been proven to prevent your baby from becoming infected. Some are unsafe.
- Avoid unnecessary, frequent, or forceful internal exams. *Knowing how far you are dilated does not accurately predict when your baby will be born. Internal exams may push GBS, E. coli, or other microorganisms that can also cross intact membranes closer to your baby. Vaginal or perineal ultrasounds are less invasive options.*
- Discuss the benefits vs. risks of possible methods of induction with your provider well before your due date as not all providers ask before “stripping” (also known as “sweeping”) membranes.

- Ask your provider to **not** strip your membranes. *Procedures such as stripping membranes and using cervical ripening gel to induce labor may push GBS, E. coli, or other microorganisms that can also cross intact membranes closer to your baby.*
- If you are having a planned C-section, talk to your provider about the risks vs. benefits of starting IV antibiotics well before your incision. *C-sections do not prevent GBS infection although the risk during a planned C-section is extremely low if performed before your labor starts and before your water breaks.*
- Talk to your provider about whether or not to have an internal fetal monitor and/or have your water broken before you have had IV antibiotics for at least 4 hours.

... WHEN YOUR WATER BREAKS OR LABOR STARTS

- Call your care provider. Remind him or her of your GBS status. Report any fever.
- Go to the hospital immediately. Have all test results with you. Be sure to tell the nurses that you need to start your IV antibiotics for GBS.
- Avoid unnecessary, frequent, or forceful internal exams. *The IV antibiotics you receive in labor generally take 4 hours to be effective. Vaginal or perineal ultrasounds are less invasive options.*

...AFTER YOUR BABY IS BORN

- If you give birth before you have had 4 hours of antibiotics, the hospital may culture and should observe your baby for 48 hours. You can ask about your baby having antibiotics while waiting for the results of the culture. *Note: Recent research suggests antibiotic treatment may disturb the baby's protective intestinal flora.*
- Breastfeeding can supply your baby with important antibodies to fight infection. However, it is speculated that a few late-onset and recurrent GBS infections are possibly associated with infected breast milk. *It is currently thought that the health benefits of breastfeeding outweigh any potential risk of exposure to GBS.*

Post for quick reference

- Have **everyone** wash their hands before handling your baby. *Babies can become infected with GBS by sources other than the mother.*
- Make sure **everyone** who takes care of your baby knows the symptoms of GBS infection in babies and how to respond. *GBS can infect babies up to several months of age.*

SYMPTOMS OF GBS INFECTION

Call your baby's care provider **immediately** or take your baby to the emergency room if you notice any of these signs:

- **Sounds** — High-pitched cry, shrill moaning, whimpering, constant grunting as if constipated
- **Breathing** — Fast, slow, or difficult breathing
- **Appearance of Skin** — Blue or gray or pale skin, blotchy or red skin, tense or bulging fontanel (soft spot on a baby's head), infection (pus and/or red skin) at base of umbilical cord or in puncture wound on head from an internal fetal monitor
- **Eating and Sleeping Habits** — Feeding poorly, refusing to eat, not waking for feedings, sleeping too much, difficulty being aroused
- **Behavior** — Marked irritability, projectile vomiting, reacting as if skin is tender when touched, not moving an arm or leg, listless, floppy, blank stare, body stiffening, uncontrollable jerking
- **Body Temperature** — Fever or low or unstable temperature, hands and feet may still feel cold even with a fever

EMERGENCY CONTACT INFO: _____



For more information, please visit www.groupbstrepinternational.org



Even though you've tested **negative** for Group B Strep (GBS), learn how to help protect your baby

GBS is a type of bacteria naturally found in the digestive tract and birth canal of about 1 in 4 pregnant women. However, GBS status can change throughout pregnancy and culture tests can show a false negative so it is important to be aware that GBS can infect babies before birth, during birth, and even by sources other than the mother up to several months of age. Women who test negative are not usually treated with IV antibiotics during labor and delivery due to concerns about antibiotic resistance and altered vaginal flora.

You can help protect your baby from GBS (☑ as done)

...DURING PREGNANCY

- Ask for the results of your urine culture for GBS and other bacteria which should be done early in pregnancy. If you have already had a baby with GBS disease or have had GBS in your urine at any time during this pregnancy, you should receive IV antibiotics promptly when your water breaks or labor starts **regardless** of this pregnancy's GBS test results. **Use checklist for GBS positive women instead!**
- See your provider promptly for any symptoms of a bladder (urinary tract) infection. Oral antibiotics should be prescribed if you have a significant level of GBS in your urine. GBSI advocates a recheck ("test of cure") one month after treatment. **GBS in your urine means that you may be heavily colonized which puts your baby at greater risk.**
- See your provider promptly for an exam and possible GBS testing if you have any "vaginitis" symptoms. **Symptoms may be mistaken for a yeast infection and treated incorrectly. Be aware that bacteria can be passed between sexual partners, including through oral contact.**
- Know that "alternative medicine" treatments such as garlic or tea tree oil have **not** been proven to prevent your baby from becoming infected. Some are unsafe.
- Contact your care provider **immediately** if you notice either of these signs:
 - Decreased or no fetal movement after your 20th week
 - You have any unexplained fever
- Avoid unnecessary, frequent, or forceful internal exams. **Knowing how far you are dilated does not accurately predict when your baby will be born. Internal exams may push GBS, E. coli, or other microorganisms that can also cross intact membranes closer to your**

baby. Vaginal or perineal ultrasounds are less invasive options.

- Discuss the benefits vs. risks of possible methods of induction with your provider well before your due date as not all providers ask before "stripping" (also known as "sweeping") membranes.
- Ask your provider to **not** strip your membranes. **Procedures such as stripping membranes and using cervical ripening gel to induce labor may push GBS, E. coli, or other microorganisms that can also cross intact membranes closer to your baby.**
- Get tested between 35–37 weeks even if you tested negative earlier in pregnancy. (If you still test negative, ask your provider about having a new test after five weeks if you have not yet given birth.)
- Know that you still need to be tested at 35–37 weeks even if you are having a planned C-section.

... WHEN YOUR WATER BREAKS OR LABOR STARTS

- Call your care provider. Report any fever.
- Avoid unnecessary, frequent, or forceful internal exams. **Vaginal or perineal ultrasounds are less invasive options.**

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SYMPTOMS OF GBS INFECTION

Call your baby's care provider **immediately** or take your baby to the emergency room if you notice any of these signs:

- **Sounds** — High-pitched cry, shrill moaning, whimpering, constant grunting as if constipated
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- **Body Temperature** — Fever or low or unstable temperature, hands and feet may still feel cold even with a fever

EMERGENCY CONTACT INFO: _____





Save the Date!

June 19-21, 2019

Minneapolis, Minnesota

Plan now to join your colleagues
and leading still birth researchers
from around the world at

STILLBIRTH SUMMIT 2019

More details available at
www.stillbirthsummit.org



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June 21-23, 2019

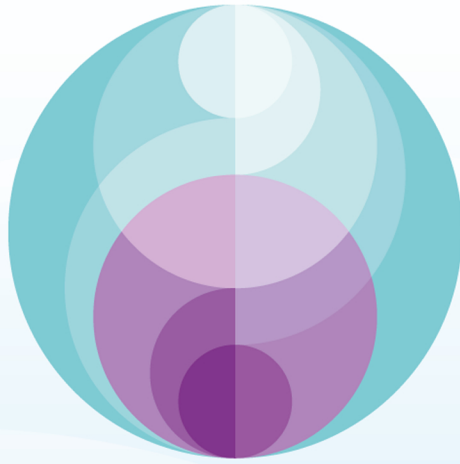
Minneapolis, Minnesota

CALL FOR ABSTRACTS

DEADLINE FOR SUBMISSION: November 15, 2018

Stillbirth Summit 2019 is an educational and networking event expected to draw 300 health professionals and advocates from around the world. Presenters will reveal their latest research findings and participate in discussions about what is needed to improve stillbirth prevention and care.

You are invited to share your experiences and research with this passionate assembly!



ISA 2019

Madrid

4th, 5th & 6th of October 2019

ANNUAL CONFERENCE ON PERINATAL MORTALITY
AND BEREAVEMENT CARE

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saving babies lives
and supporting families*

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Tips for Health Professionals When Treating the Mom Experiencing Pregnancy After Loss (PAL)

Compiled by Lindsey M. Henke MSW, LICSW

- 1 Understand the Unique Emotional Experience of PAL**

Many women feel alone and confused when pregnant again after loss. They often feel like they no longer fit into the loss community, but they also feel uncomfortable in the mainstream pregnancy world. Encourage them to reach out to others who have been through pregnancy after loss (PAL) and consider referring them to Pregnancy After Loss Support's online community at PregnancyAfterLossSupport.com.
- 2 Remember the Loss Mom's Need for Reassurance**

Women who are pregnant again after a loss often need a great deal of reassurance. Extra doctor's visits, extended time during these visits, and understanding care from the hospital's labor and delivery department/emergency room will help reduce some anxiety in the mom, as well as provide attentive care with the added level of reassurance that the PAL mom needs.
- 3 Help Reduce Anxieties**

Doctors' appointments and ultrasounds can provoke high anxiety for the PAL mom. Most PAL moms received the news and confirmation that her baby had died during a past doctor's visit or ultrasound check. Taking into consideration that these visits can be stressful and even bring back past traumas for the mom is vital. One way to reduce this anxiety is to begin by reassuring the mom that the baby is alive, either through a Doppler check in the doctor's office or during an ultrasound.
- 4 Provide Concrete Medical Information**

PAL parents need truthful and concrete medical information about the development and health of their baby. PAL parents might need information repeated or explained further. Please remember to be patient with their questions, as they are not questioning your professional training; they are insecure about this pregnancy and the health of their baby.
- 5 Understand that the Relationship between a Loss Mom and Her Body is Complex**

A woman pregnant again after a loss often has a hard time trusting her body to do what it is supposed to do during the pregnancy and birth of her baby. Her trust in her body has been broken after the loss of her previous baby, and sometimes that lack of trust is accompanied by guilt. Understanding this loss of trust can help medical doctors advise a woman on her birth options, as well as direct the PAL mom to further mental health services if needed.
- 6 Know That Risk of Mental Health Disorders are Increased for PAL Parents**

PAL moms and dads are at an increased risk for mental health disorders, including perinatal and postpartum mood and anxiety disorders. Research shows that women who are pregnant again after a loss report having higher symptoms of anxiety and depression during their subsequent pregnancy compared to those who have not experienced a previous loss. Keep this in mind when assessing if parents need further mental health support and a referral to a mental health therapist or a support group during this pregnancy.
- 7 Acknowledge Their Grief and Their Fears**

PAL parents are often afraid that this baby will die too. Acknowledging their fears with phrases like, "It makes sense you would feel this way," and "This must be very difficult for you," can help the PAL parents realize you are empathetic towards their loss and haven't forgotten how they have arrived at this place of pregnancy after loss.
- 8 Know that it's Normal for PAL Parents to be Hesitant to Attach During Pregnancy**

Couples who are pregnant again after a loss may struggle with making plans for the baby's arrival. They often have restrained expectations and use language like, "if the baby lives." PAL parents may resist attending prenatal and childbirth classes. It is also quite common for PAL parents to refuse celebrations such as baby showers as well as purchasing any items for the baby until he or she arrives. Parents struggle with attaching due to fear of this baby dying too. Remember to normalize this experience for the PAL parents if they question their actions.

9 Realize One Baby Does Not Replace the Other

Sometimes PAL couples admit to having a hard time realizing that this is a different baby. Encourage the couple to continue to find ways to connect with their child who died in order to differentiate between this baby and the one they lost. Parents need health professionals to acknowledge the loss of their child who died and understand that a new baby does not take away the pain of losing the other.

10 Use the Child Who Died's Name in Conversations

When working with the PAL parents, if you don't know the name(s) of the child/children who have died, then ask them gently. If you do know the name(s), use them in conversations with the PAL parents when appropriate. Using the child's name will validate the significance of the loss and build trust between the parents and professional.

11 Understand that Detachment After the Birth Can Be Normal

Feelings of detachment from the baby born after a loss is quite normal at birth. PAL parents report having a hard time coming to terms with realizing that this is a different baby. Like during pregnancy, they also struggle with attaching after birth due to fear of losing this baby too. This detachment should dissipate over time. However, if attachment issues arise that are of concern, consider referring the PAL parent to the appropriate resources for support to help build a secure attachment for both baby and parents.

12 Educate Yourself and Your Patient on Emerging Resources for Support

Studies have shown that peer-to-peer relationships have been a significant source of support for women who experience perinatal and postpartum mood disorders as well as bereaved parents (specifically for those who have lost a child during pregnancy or within the first year of that child's life). Encourage the PAL parents to connect to other PAL moms and dads through in-person support groups or reputable online support communities such as Pregnancy After Loss Support.

13 Anticipate Anxiety During Early Parenting of This New Baby

Professionals working with PAL parents should expect the parents to experience anxiety over the health of a baby born after a loss. Be patient and understanding. Acknowledge their concerns and gently remind them that this is a different baby, constantly reassuring them about the health of the baby, as long as the baby is healthy. Also, be mindful of the PAL parents' history of loss and use your professional judgment to determine if all that is needed is extra reassurance. If the PAL parents are suffering with larger underlying issues, including postpartum mood and/or anxiety disorders, for which they are at higher risk, refer them to the appropriate resources.

Sources

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Ross - White A. (2014). Pregnancy following a loss, Once the baby arrives. *PAIL Networks Facilitator's Handbook*.

Pregnancy After Loss Support strives to support women pregnant after a loss and encourage them to choose hope over fear while nurturing grief. Pregnancy After Loss's services include an online magazine of articles written by both professionals and women who have also experienced PAL, peer-to-peer support through a Facebook forum of seven moderated support groups and a mentor program, and a collection of resources for both the PAL mom and the professionals treating the PAL Mom. Health care professionals can request flyers about Pregnancy After Loss Support to give to patients experiencing PAL by emailing palsmagazine@gmail.com.

Pregnancy After Loss Support

PregnancyAfterLossSupport.com | palsmagazine@gmail.com

Jalen's Gift Support Groups

www.jalensgift.org



Jalen's Gift Support Group

This group is for families that have experienced the loss of their baby. There are now words to explain such pain. We understand the pain oh too well. You are not alone! Please join us.



Jalen's Gift En Espanol

Nuestro grupo ofrece apoyo a padres de bebés fallecidos en el embarazo, en el parto o después de nacer. No estas solo. No hay palabras para explicar el dolor.



Rainbow Babies Group

This group is for families that are currently pregnant, trying to conceive or have delivered their rainbow baby. Pregnancy after a loss is devastating with a roller coaster of emotions associated with it. Come and join our group to ask for advice and support through this new journey.



Jalen's Gift Kids Group

This group is for children, kids and teens that have experienced the loss of a loved baby. Sometimes, we forget that they grieve too. Starting in January we will be starting our kids face to face grief support.



Jalen's Gift Support Groups

www.jalensgift.org



I will carry you!

This group is for families that were told in their pregnancy that their baby is "Not compatible with Life" but chose to continue with their pregnancy. The journey of not knowing can be devastating and you are not alone.



Heartbreaking Choice

This group is for families that were told in their pregnancy that their baby is "Not compatible with Life" and made the difficult decision to terminate their pregnancy. You are not alone. We have a secret FB support group. To join please email me at admin@jalensgift.org and let me know you would like to join the Heartbreaking choice group.



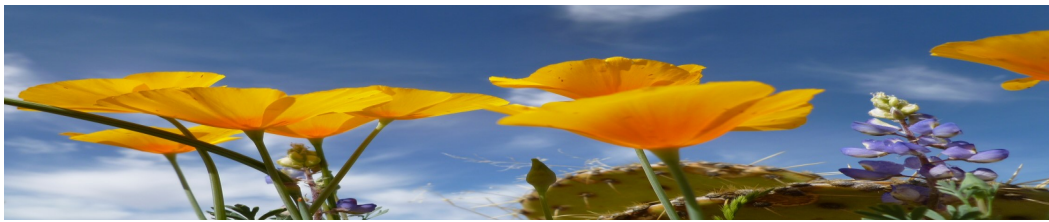
Jalen's Gift Nurse's Group

This group is for our nurses that are there for us during the most devastating times of our lives. There are and will forever be a part of our journey. Nurses grief too and this group is designed to bring the nurses together and to work together as bereavement nurses.



You are not alone!





Who can parents turn to when given bad news about their baby?

Baby Loss Family Advisors™ & Baby Loss Doulas®

Our Independent, well-prepared, certified one-to-one caregivers can—

- ◆ **Comfort, Listen** and help **Navigate** soon after the news, while in the hospital, and/or beyond. Act as a **Parent Advocate** while supporting the good work of the staff.
- ◆ **Guide** and **Advise** in helping to create personalized plans that include: what might happen next, decisions, options, and short and long term consequences...
- ◆ **Serve** partners, families, and staff via email, text, phone and in person, if possible.

**“Helping to MINIMIZE REGRETS and MAXIMIZE MEMORIES
while honoring each baby’s sacred life”**

To FIND one of our ‘Navigator-Advisors’ visit our website: www.babylossfamilyadvisors.org

For Local Metro help— Our Website and/or SLF Peer Support Program 952-201-8667



Dear Families,

- Please feel my hugs! I wrote EMPTY ARMS and other books for you!
- I am sorry you are here now. It is so unfair when a baby dies—no matter the circumstances, gestation, or size of your baby.
- I know from 3 personal experiences what an unbelievable tragedy this is. Amazingly, I survived and still hold my beloved babies in my heart. I wish the same for you.
- If you can, don’t rush into labor or important decisions. SLOW things down and begin to prepare. Remember, this is all the time you get! Make the most of these precious hours/days. Show your love, meet your baby, **BE** the **Parent** you are. You get no do-overs!
- And if you need help in the days ahead, you can find it on my website and from our Baby Loss Advisors. www.BabiesRemembered.org www.BabyLossFamilyAdvisors.org

Love & Hugs, Sherokee Ilse (Mama of two living children and three who live in my heart).
SherokeeIlse@yahoo.com 952-201-8667



Support Resources After a Baby or Loved One Dies

Wintergreen Press, Inc.

952-476-1303

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Email purchase orders to: wintergreenpress@yahoo.com and cc: sherokeeilse@yahoo.com

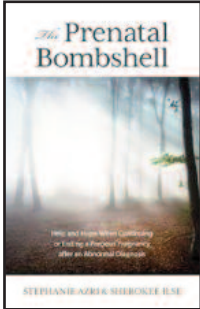
WHAT'S NEW?

2017-2018

NEW! *The Prenatal Bombshell: Help and hope when continuing or ending a precious pregnancy after an abnormal diagnosis*

Stephanie Azri, Ph D and Sherokee Ilse

\$36.00



Brand new! A self-help manual for parents and an informative book for genetic counselors and other care providers.

A poor or fatal prenatal diagnosis is devastating news, sure to reverberate through a family's life forever. Emotional aspects and the practical implications are difficult to navigate. The Prenatal Bombshell is a warm, reliable and understanding companion guide through the journey once the decision to either continue or end a precious pregnancy

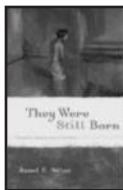
has been made. Issues such as: birth planning, meeting the baby, creating memories, saying goodbye, future babies, and the long-term impact of such a traumatic experience are covered in detail. For those who terminated their beloved baby, there is no judgement...just guidance and support. For those who continue, help is offered to change the focus to being present and embracing the rest of the pregnancy. The lived experiences of others who have 'been there' are also included to provide hope, support, and guidance through difficult times.

The Prenatal Bombshell is filled with stories and testimonies; it is a helpful book to have in the early days and well beyond.

They Were Still Born

Janel Atlas, ed.

Discounted price \$30.00



A diverse group of parents (authors, dads, single/married moms from various backgrounds) share their personal stories and how each have changed and grown after their child's death. Prevention strategies and emerging research give readers hope for the future. You won't be able to put this book down.

Babies Remembered Consulting

Have turnover, retirement, or budget cuts left your perinatal loss program with gaps? Do you want to find your staff and your program's strengths and weaknesses? Do you wish to take your program to a higher level? Do you seek training, inspiration, or rejuvenation? What about birth planning services for families whose baby has just died? Our team of Competent, Compassionate Consultants can help you.

Contact us at 952-476-1303 or info@BabiesRemembered.org

Babies Remembered e-Magazine

Order a copy of any issue \$8 each

Each one targets a topic or two, then presents in-depth research, advice and resources. Some previous issues include: Giving and Receiving Support, The Hospital Experience and Making Memories, Miscarriage and Holidays, Health Grieving, and Goodbye Rituals. Upcoming topics: Subsequent Pregnancy, Couples, Continuing a Problem Pregnancy, Siblings, Family & Friends...



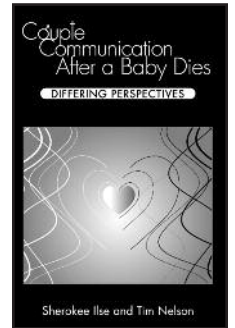
Couple Communication After a Baby Dies

Sherokee Ilse and Tim Nelson

\$12.95 (discount for 10+ \$7.00)

"We believe that by sharing our intimate journeys with you, journeys that have the benefit of hindsight, you will find something useful as you and your partner work through this challenging time. To make your relationship stronger is a worthy goal, one that will require work, communication, understanding, and most of all patience." Beneficial for couples at home, in counseling, or in support groups, the last portion of the book offers a place to keep notes, answer questions, and to promote conversations.

The Ilse and Nelson couples, both married over 25+ years share the ups, downs, and togetherness since their babies died.



VIDEOS BY SHEROKEE

I Hardly Knew You...What Happens Next?

DVD/CD for staff and patients. Plus written handouts.

\$25.00

Offers practical advice for how and why to **slow down** the planning process before induction. To be shown at the clinic, doc's office, or in a hospital. Promotes 'home time/preparation time.' 'Take home' copies of video available and also downloadable.

Shattered Dreams...How Family and Friends Can Help

DVD/CD and downloadable from website.

\$12.00

Offers practical advice on what families feel and specifics on how to help. After watching this, family and friends will know how to help. Plus written handouts.

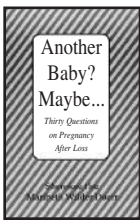
Dear Families, Friends and Care Providers,

Do you wonder which book families need to read right away to help them make decisions? ([EmptyArms](#) or [When Hello Means Goodbye](#)). Do you wish you could evaluate your current program and update it? ([Learn about our new Babies Remembered Consulting Practice](#)). Do you wish you could slow down the process from the time of diagnosis to the baby's birth...helping families better prepare and take more control instead of letting shock dictate their decisions? ([Check out our new video packet, "I Hardly Knew You...What Happens Next?"](#) and our [Birth Planning Service](#)) Need a couple's resource? ([Couple Communication](#)). Interested in some new, exciting products? ([They Were Still Born](#), [SIDS Survival Guide](#), [Where's Chloe? book for kids](#)). And have you seen our new [Babies Remembered e-Magazine](#) meant to load you up with advice, suggestions, resources, and new information four times a year? (Magazine available online). We've been busy working to support you.

Blessings,
Sherokee Ilse



Sherokee Ilse



Another Baby? Maybe... Thirty Most Frequently Asked Subsequent Pregnancy Questions

Sherokee Ilse and Maribeth W. Doerr \$5.00

The authors, who have lived through their own losses, share the most common concerns, issues and questions parents face when considering another pregnancy and living through it. Suggestions, advice and a bibliography make this booklet a must!

When Pregnancy Follows a Loss

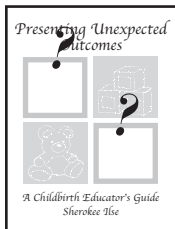
Joann O'Leary, PhD, and Clare Thorwick, RN \$12.00

Few people understand the conflicting emotions that surface during a subsequent pregnancy nor that these feelings are normal. Embracing the life of a new baby can be daunting when others may not understand you are still a parent of a baby who died. But that baby is part of your family forever. A compilation of families' experiences, offers hope that the voices of other parents will help you find a new way of 'being' and coping.



Subsequent Pregnancy Gift Packet

A unique gift packet includes: two booklets: Another Baby? Maybe...and When Pregnancy Follows A Loss, along with First Candle 'Kick Count' and 'Back to Sleep' brochures, and a Baby KickTrack™ monitor - you click it with each movement.



Presenting Unexpected Outcomes: A Childbirth Educator's Guide

Sherokee Ilse Revised 2013 \$11.50

How do Childbirth Educators realistically begin to prepare families for some of the possible unexpected outcomes? This booklet gives reasons why this is vitally important, as well as many tools and resources to use in the curriculum and class discussions.

Pregnancy/Childbirth

48 pages, 3 hole punched

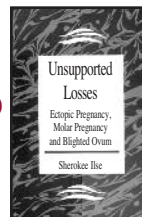
ISBN 0-9609456-8-7

8 1/2" x 11"

Unsupported Losses: Blighted Ovum, Ectopic, and Molar Pregnancies

Sherokee Ilse \$4.00

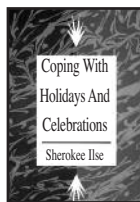
Blighted ovum, ectopic, and molar pregnancies. Addresses the complicating factors, offering emotional support and an understanding of medical implications.



Coping With Holidays and Celebrations

Sherokee Ilse \$4.00

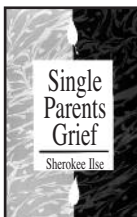
This booklet is full of advice and ideas on how to handle family celebrations and holidays as well as birthdays and other special days after the loss of a loved one. Many specific suggestions and examples are shared.



Single Parents Grief

Sherokee Ilse \$4.00

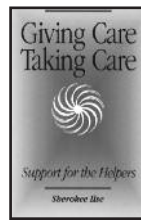
For teens or a more mature parent, this resource explores the special grief of single parents who have no steady partner. Suggestions and information offer hope and help. A good resource section is included.



Miscarriage Poem (frameable)

Susan Erling Martinez \$4.00

'Just Those Few Weeks' is one poem we keep hearing that is touching the hearts of families who had a beloved baby die as a result of a miscarriage. One mother writes, "I want you to know how much your poem has helped my husband and me over the last few days. This was as if someone reached into my heart and pulled out the words that I wanted to say to my son. As if now he will know just how much I loved him and wanted him here with me."



Giving Care, Taking Care: Support for the Helpers

Sherokee Ilse \$10.50

For professionals and lay people who give of themselves, and must be reminded to make time to "fill their own wells." A practical guide offering advice on how to deal with 'compassion fatigue' and minimize burnout. Find out what type of caregiver YOU are. My Caregiving Seminar in a book!

Planning A Precious Goodbye

Sherokee Ilse and Susan Erling Martinez \$4.50

A comprehensive, immediate, short guide for writing an obituary, sending announcements of the birth and death, planning a memorial service or funeral for babies, including miscarriage. Songs, poems, prose, readings and scripture.



Grieving Grandparents

Sherokee Ilse and Lori Leininger \$4.00

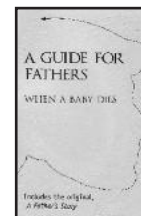
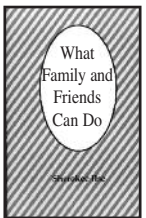
An exploration of the complicated loss grandparents feel as they try to comfort and support their children and grieve for their grandchildren. Sensitively written with quotes from grandparents.



What Family and Friends Can Do

Sherokee Ilse \$3.50

This expanded excerpt adapted from *Empty Arms* gives suggestions for family and friends to better understand themselves and offer support to bereaved parents.



A Guide for Fathers Tim Nelson \$4.50

A father's perspective is shared during and after his daughter's stillbirth. This small pocket-sized guide lays out the basic information that a man needs to know when his child dies and does so in no-nonsense, easy to read, non-flowery language.

Mother Care: Physical Care and Beyond After a Baby Dies

Sherokee Ilse, Inez Anderson and Mary Funk \$4.50

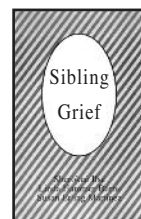
This twenty page booklet teaches new mothers how to care for themselves after their baby dies. Includes physical areas of healing, breast milk issue, emotional, and spiritual aspects. Hospitals and clinics give this out to moms before going home.



Sibling Grief

Sherokee Ilse and Linda Hammer Burns \$4.00

A practical guide to help parents understand their surviving children's needs and to assist them in grieving and coping with their brother or sister's death.



Souvenir Certificate of Birth

A Certificate of Birth is a special memento after stillbirth or miscarriage. Check out our new Miscarriage packet online. Heavy white paper, colored ink.



Personalized Gift

Send your baby's name, birth/death date, weight, height, hospital, caregiver's names, your names and we'll hand calligraphy a certificate. Allow 4-6 weeks for delivery.

Miscarriage: A Shattered Dream

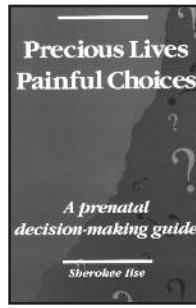
Sherokee Ilse and Linda Hammer Burns \$12.95
Updated 2014

*"I appreciated **Miscarriage**, It was easy to read and covered many areas of importance, helping me cope with my miscarriages. More than anything else, I liked the message that no matter what one is feeling, those feelings are valid."* Dawn S. Bereaved Mother

Miscarriage offers a comprehensive and insightful perspective on possible causes, medical terminology, choices and decisions, emotional aspects, coping suggestions, choices for the future. and resources for families experiencing a miscarriage. Those who have suffered a miscarriage will find emotional and medical support that far surpasses any other book on this subject. Family and friends will learn about miscarriage and how to help their loved ones.

Pregnancy/Childbirth/Grief
68 pages

ISBN 0-9609456-3-6
5 1/2" x 8 1/2"



Precious Lives, Painful Choices: A Prenatal Decision-making Guide

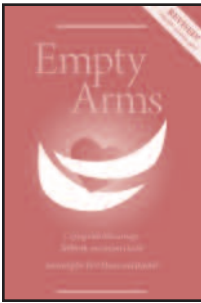
Sherokee Ilse \$12.95

This sensitive book offers a comprehensive discussion of the options available to prospective parents after hearing bad results from prenatal testing. The pros and cons of termination and carrying the pregnancy are presented in a non-judgmental way, offering families information and reassurance that they must do what is right for themselves. Excellent resource list and bibliography. Families are encouraged to read this guide in their decision-making process, before they make a permanent choice.

This guide needs to be shared with families the minute they learn of the bad news, along with the humane care and good medical information from their care providers.

Pregnancy/Childbirth
88 pages

ISBN 0-9609456-9-5
5 1/2" x 8 1/2"



**Empty Arms: Coping With Miscarriage, Stillbirth and Infant Death
Surviving the first hours and beyond**

Sherokee Ilse

Newly Revised 2013

*"Thank you for your book, **Empty Arms**, which we were given before our baby was delivered. It gave us the courage to make the hard decisions that proved to be the medicine to mend our broken hearts."* Debbie Crippen

Empty Arms is a unique and encouraging book that helps families immediately after learning the news of an infant death or miscarriage. With compassion and sensitivity, the author, who has been there herself, offers practical suggestions and support for the decision-making at the time of the loss and in the days and months that follow. Contains an excellent annotated bibliography and resource section.

English and Spanish Versions

\$12.95

"This book was a tremendous inspiration to my patient. I feel you have done a great service to bereaved parents everywhere."
Stephen Larson M.D., Ob-Gyn

Over 350,000 of this Classic book have been given to families!

This newly revised gentle, guide shares options and the clear message that the reader is not alone. Other family members and care providers will gain insight into their own loss experience and how they can better help the bereaved families.

Pregnancy/Childbirth/Grief
104 pages

English ISBN 0-9609456-6-0
Spanish ISBN 0-9609456-7-9

Bulk rates apply to these three books only. See chart below.

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Bulk rate discounts for "direct customer" only on these 3 books: Empty Arms (English and Spanish), Precious Lives, Painful Choices and Miscarriage: A Shattered Dream. **You may mix these titles.**

12.95 each	1-9 copies
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Empty Arms - English	(\$12.95)			
Empty Arms - Spanish	(\$12.95)			
Miscarriage	(\$12.95)			
Precious Lives	(\$12.95)			
Remembering With Love	(\$11.95)			
Anguish of Loss	(\$14.95)			
Giving Care, Taking Care	(\$10.50)			
Other				

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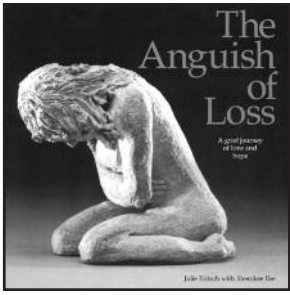
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The Anguish of Loss

Julie Fritch with Sherokee Ilse \$14.95

The Anguish of Loss is the ultimate resource to sensitize all those who want to understand the turbulent journey of grief. A thoughtful present for yourself or a friend in need.

“What a gift to those who are experiencing grief and to others seeking that depth of emotional understanding! Through the use of sculpture and minimal words *The Anguish of Loss* allows the reader to move beyond the intellectual concepts of bereavement and enter into the loss experience: the raw, naked anguish of those long, lonely months. It is powerful and beautiful.” Sister Jane Marie Lamb Founder, National SHARE

Grief/Loss 56 Pages ISBN 0-9609456-5-2

Anguish DVD

Julie’s sculptures set to music present the process of bereavement with drama and emotion. This powerful DVD show must be seen by bereaved families and all professionals who work with them.

\$100 DVD, includes music

\$45 rental

Cards

Anguish cards - 3 selections, use for sympathy, comfort cards, an anniversary card, or frame them. \$2.00 each



The Anguish of Loss,
blank inside



The Hand, The Couple,
blank inside



Blanketed in Grief, The Couple,
blank inside

Flower/Scenery cards - variety of colorful pictures taken by Sherokee during her travels. All are signed on the back. Tell us if you prefer flowers or scenery, then we’ll select them for you...here are a few sample in B&W. To see some in color, look online. Blank inside \$3.00 each or 5 cards for \$14.00



One-on-One support at the time of loss. If you know of parents having a loss, tell them about Baby Loss Advisors™/Loss Doula®. These are well-trained, well-healed bereaved parents and birth professionals who can act as advocates, companions and guides to parents getting bad news. With intense training and knowledge of resources, they support parents over the phone, via email or in person.



Visit www.BabyLossFamilyAdvisors.org to Locate an Advisor.

Inservices, Conference Speaker, Consultant

Sherokee Ilse is an internationally known consultant, author and educator on the subjects of bereavement, miscarriage and infant loss. Her personal experience and her genuine concern are reflected in her unique presentations. She has conducted over a thousand seminars in most US states, Australia, Canada, Japan, New Zealand, and the UK.

Some of her more requested talks:

‘Perinatal Loss 101: Building Awareness, Sensitivity, and Practical Care’

‘Beyond the Basics: Caring for Families During and After A Loss’

‘Empty Arms - Supporting Families’

‘Giving Care, Taking Care: Support for the Helpers’

‘Couple Communication: Healing Together’

‘The How To’s when a Baby Dies: Guidance for the Care Provider’

‘High Tech, High Touch: A Physician’s role’

‘Family Care: the Needs of the Entire Family’

‘Sibling Grief’

‘The Gifts of Grief’

What people are saying after attending...

“I feel like we sat and had tea all day as we talked and talked.”

“What an honor to be with Sherokee and to hear her first hand after enjoying her books and using them with bereaved parents.”

“Very informed, humorous, passionate, and easy to learn from.”

“...excellent, dynamic speaker.”

From one of her most recent seminars

“We had Sherokee speak at our annual ‘Beyond Sorrow Seminar’...She gave a fantastic presentation and was able to connect with both healthcare workers and funeral directors. The audience responded and interacted with her in a way that we had never previously seen at prior seminars. We highly recommend her!”

-Hantage Funeral Chapels, Minnesota

Remembering With Love: Messages of Hope For the First Year of Grieving And Beyond

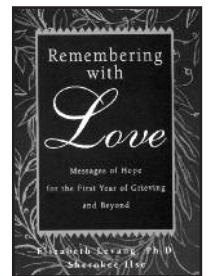
Sherokee Ilse and Elizabeth Levang, Ph.D
Published by Fairview Press \$11.95

An affirming gift for anyone grieving the loss of a loved one - offers compassion, comfort, support and guidance during the lonely and painful times of one’s grief.

“...poignant, insightful, and inspirational, this book helps the bereaved through suffering to hope and healing.”

Rabbi Dr. Earl A. Grollman, Author of *Living When A Loved One Has Died*

Remembering has over three hundred entries, with quotes from people who have coped with their own losses, reminding you that you are not alone, and that you can and will survive. These messages of hope bring assurance that one of the secrets to healing lies in remembering your loved one forever.



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